

Medical Prescription Form

For Guitar Johnny

Address _____

the **Strumming** **Dr.**
By Nate Savage



The Cure for Your Strumming
& Timing Problems

Dr. _____

Substitution Permitted

Dr. Nate Savage

Dispense as Written

the **StrummingDr.**

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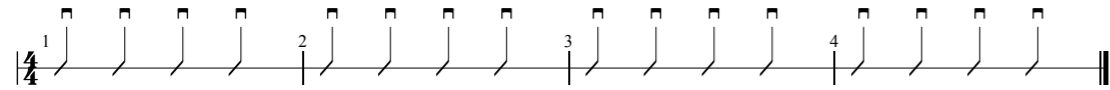
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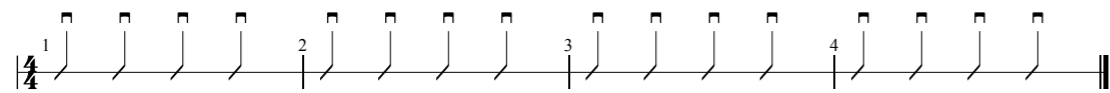
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Module 1 - Technique, Quarter Note Strumming & Timing

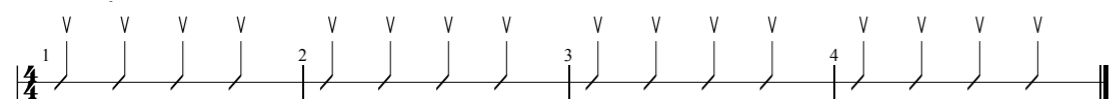
1-1 Downstroke Strumming Technique



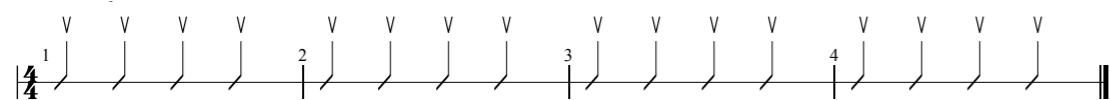
1-2 Quarter Note Strumming Timing



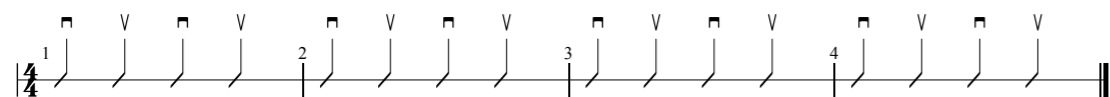
1-3 Upstroke Strumming Technique



1-4 Upstroke Timing

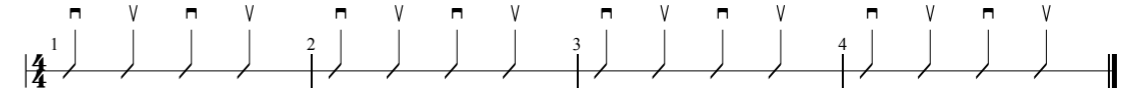


1-5 Downstrokes & Upstrokes Together



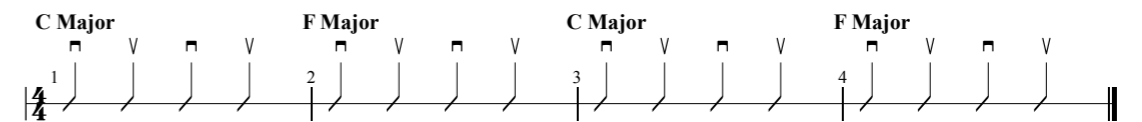
Module 1 - Technique, Quarter Note Strumming & Timing

1-6 Timing With Upstrokes & Downstrokes

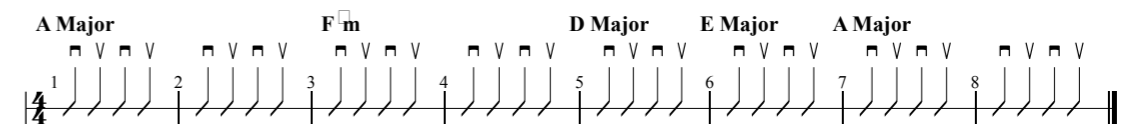


1-7 Musical Applications

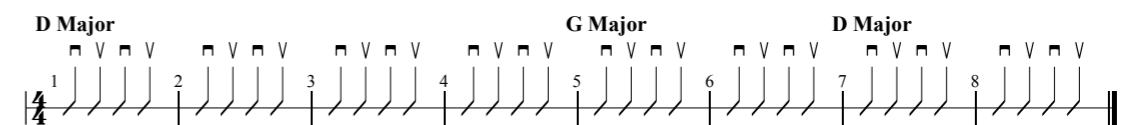
1 - C F Progression



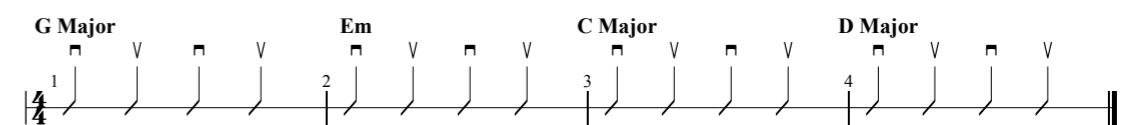
2 - A F#m D E A Progression



3 - D G D Progression



4 - G Em C D Progression

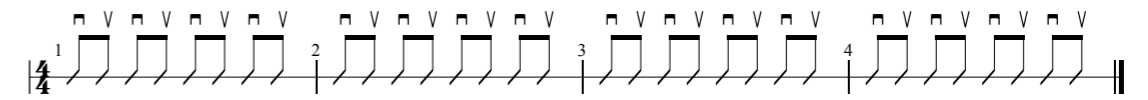


Module 1 - Technique, Quarter Note Strumming & Timing

Notes:

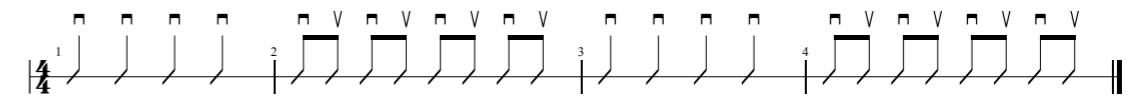
Module 2 - 8th Note Strumming & Timing

2-1 8th Note Strumming

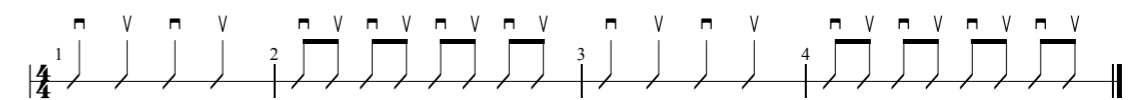


2-2 8th Note Timing Exercise

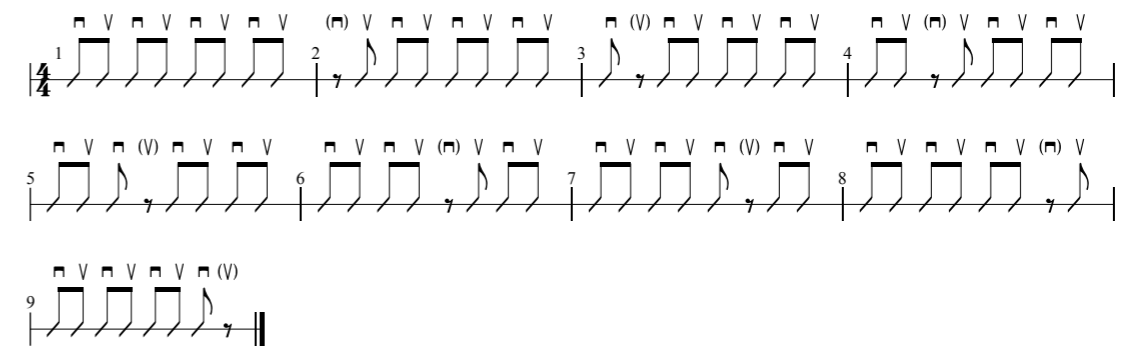
Quarter Notes With All Downstrokes



Quarter Notes With Downstrokes & Upstrokes



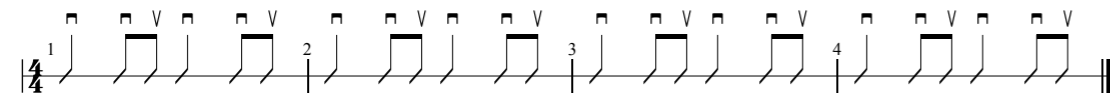
2-3 - 8th Note CST Exercise



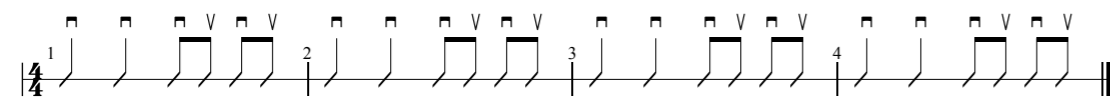
Module 2 - 8th Note Strumming & Timing

2-4 8th Note Strumming Patterns

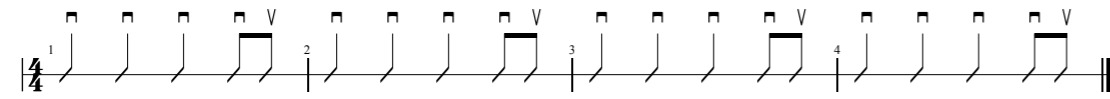
Strumming Pattern 1 - DDU DDU



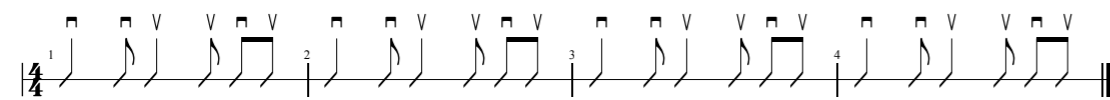
Strumming Pattern 2 - DDDUDU



Strumming Pattern 3 - DDDDU



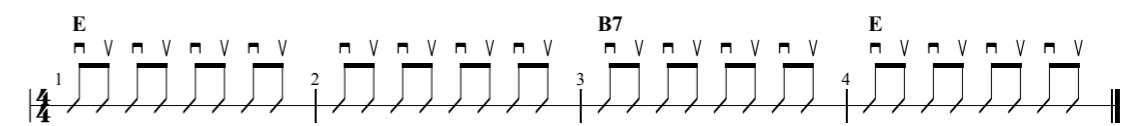
Strumming Pattern 4 - DDUUDU



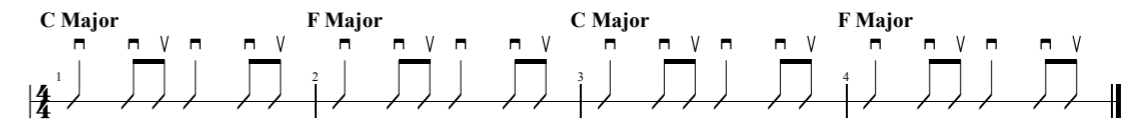
Module 2 - 8th Note Strumming & Timing

2-5 8th Note Musical Applications

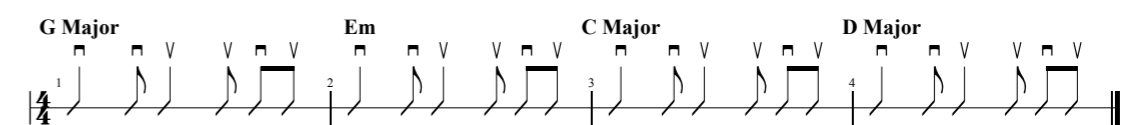
1 - E B7 E Progression



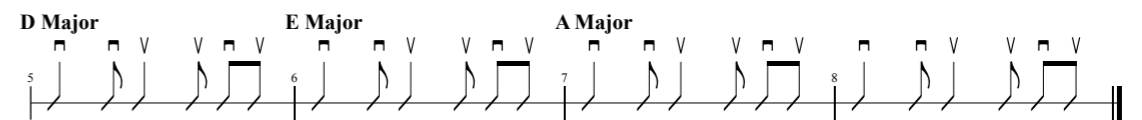
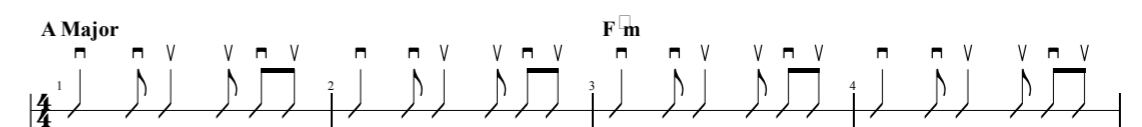
2 - C F Progression



3 - G Em C D Progression



4 - A F#m D E A Progression



Module 2 - 8th Note Strumming & Timing

Notes:

Module 3 - Dynamic Strumming Tools

3-1 Developing Dynamics

Musical notation for 3-1 Developing Dynamics. It consists of a single staff in 4/4 time with four measures. Each measure contains four eighth notes. The notes are marked with 'V' above them. The first measure is marked with a '1' above the first note, the second with a '2', the third with a '3', and the fourth with a '4'. There are horizontal lines under the first two and last two measures.

3-2 Using Accents

Strumming Pattern 1 - Straight 8th Notes

Musical notation for Strumming Pattern 1 - Straight 8th Notes. It features a treble clef staff and a guitar staff below it. The treble staff is in 4/4 time and contains four measures of four eighth notes each, marked with 'V' and numbered 1-4. The guitar staff shows the C Major chord (x02321) and has four measures of four eighth notes each, with accents (>) under the first note of each measure.

Strumming Pattern 2 - DDU DDU

Musical notation for Strumming Pattern 2 - DDU DDU. It features a treble clef staff and a guitar staff below it. The treble staff is in 4/4 time and contains four measures of eighth notes, marked with 'V' and numbered 1-4. The guitar staff shows the C Major chord (x02321) and has four measures of eighth notes, with accents (>) under the first note of each measure.

Strumming Pattern 3 - DDDUDU

Musical notation for Strumming Pattern 3 - DDDUDU. It features a treble clef staff and a guitar staff below it. The treble staff is in 4/4 time and contains four measures of eighth notes, marked with 'V' and numbered 1-4. The guitar staff shows the C Major chord (x02321) and has four measures of eighth notes, with accents (>) under the first note of each measure.

Module 3 - Dynamic Strumming Tools

Strumming Pattern 4 - DDUUDU

C Major

3-3 Make Your Guitar Sound Like Drums

Strumming Pattern 1 - Straight 8th Notes

E Major

Strumming Pattern 2 - DDU DDU

E Major

Module 3 - Dynamic Strumming Tools

Strumming Pattern 3 - DDDUDU

E Major

Strumming Pattern 4 - DDUUDU

E Major

G Em C D Progression - DDUUDU

G Major Em C Major D Major

Module 3 - Dynamic Strumming Tools

3-4 Single Bass Notes

DDU DDU With G Major

G Major

DDU DDU With C Major

C Major

DDU DDU With D Major

D Major

DDUUDU With G Major

G Major

Module 3 - Dynamic Strumming Tools

DDUUDU With C Major

C Major

DDUUDU With D Major

D Major

G Em C D Progression - DDUUDU

G Major Em C Major D Major

3-5 Muted Strums

Straight 8th Note Strumming Patterns With Muted Strums on 2 & 4

E Major

Module 3 - Dynamic Strumming Tools

Add In Drum & Bass Idea

E Major

3-6 Musical Applications

Muted Strumming Pattern With E B7 E Progression

E B7 E

Muted Strumming Pattern With D G D Progression

D Major

G Major D Major

Module 3 - Dynamic Strumming Tools

Notes:

Module 4 - 16th Note Strumming & Timing

4-1 8th Notes With All Downstrokes or Upstrokes

8th Notes With All Downstrokes

8th Notes With All Upstrokes

4-2 16th Note Strumming

1 e & a 2 e & a 3 e & a 4 e & a 1 e & a 2 e & a 3 e & a 4 e & a

E Major

4-3 8th to 16th Timing Exercise

8th to 16th Notes

E Major

Module 4 - 16th Note Strumming & Timing

Quarter to 8th to 16th Notes

4-4 16th Note CST Exercise

4-5 16th Note Strumming Patterns

Strumming Pattern 1

1 e & a 2 e & a 3 e & a 4 e & a 1 e & a 2 e & a 3 e & a 4 e & a

E Major

Module 4 - 16th Note Strumming & Timing

Strumming Pattern 2

1 & 2 & a 3 & 4 & a 1 & 2 & a 3 & 4 & a

E Major

Strumming Pattern 3

1 e & a e & a 3 e & a e & a 1 e & a e & a 3 e & a e & a

E Major

Strumming Pattern 4

1 & 2 & a 3 e & 4 & a 1 & 2 & a 3 e & 4 & a

E Major

Module 4 - 16th Note Strumming & Timing

4-6 16th Note Musical Applications

Basic Strumming Pattern

1 & 2 & a 3 & 4 & a 1 & 2 & a 3 & 4 & a

A Minor F Major C Major G Major

Dressed Up Strumming Pattern With More 16th Notes

1 & 2 & a 3 & 4 & a 1 & 2 & a 3 e & 4 & a

A Minor F Major C Major G Major

Add Some Muted Strums

1 & 2 & a 3 & 4 & a 1 & 2 & a 3 e & 4 & a

A Minor F Major C Major G Major

Module 4 - 16th Note Strumming & Timing

Add Some Accents

1 & 2 & a 3 & 4 & a | 1 & 2 & a 3 e & 4 & a

A Minor F Major C Major G Major

Add the Drum & Bass Idea

1 & 2 & a 3 & 4 & a | 1 & 2 & a 3 e & 4 & a

A Minor F Major C Major G Major

Final Strumming Pattern With Accents

1 & 2 & a 3 & 4 & a | 1 & 2 & a 3 e & 4 & a

A Minor F Major C Major G Major

Module 4 - 16th Note Strumming & Timing

Notes:

Module 5 - Triplets, Swing Feel & Syncopation

5-1 Triplets

Triplets

5-2 The Ultimate Timing Exercise

8th Notes to 8th Note Triplets

The Ultimate Timing Exercise

Module 5 - Triplets, Swing Feel & Syncopation

5-3 Swing Feel

8th Note Triplets (All Downstrokes)

Take Out the Middle Triplet for a Swing Feel (All Downstrokes)

Take Out the Middle Triplet for a Swing Feel (Alternating Downstrokes & Upstrokes)

Alternate Between Straight 8th Notes & Swung 8th Notes (Alternating Downstrokes & Upstrokes)

Swung 8th Notes

G D Em C Progression With Swung 8th Notes

Module 5 - Triplets, Swing Feel & Syncopation

5-4 Syncopation

On the &s With Downstrokes

G Major

On the &s With Upstrokes

G Major

The Bo Diddley

G Major

1 a & & 4 1 a & & 4

Module 5 - Triplets, Swing Feel & Syncopation

Funk Strumming Pattern

D9

5-5 Figuring Out Strumming Patterns

Strumming Pattern 1

G

Strumming Pattern 2

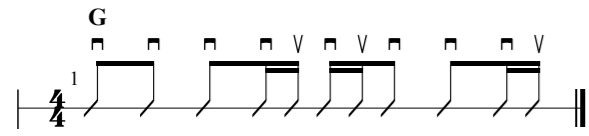
G

Strumming Pattern 3

G

Module 5 - Triplets, Swing Feel & Syncopation

Strumming Pattern 4



Module 5 - Triplets, Swing Feel & Syncopation

Notes:

the **StrummingDr.**